

SOUP **€5.50**

Soup Of The Day (V) (1, 7, 9)
Served with Homemade Brown Soda Bread

SANDWICHES **€5.50**

Chicken Stuffing Mayo (1, 3, 7, 9)
BLT with Mayo (1, 3, 7)
Tuna, Sweetcorn, Cucumber & Lettuce (1, 3, 4, 7)
Ham, Cheese, Tomato & Onion (1, 7)

CLUB SANDWICH

Fried Egg, Bacon, Chicken, Tomato & Lettuce
Served with Chips (1, 3, 7) €9.50
Combo: Soup & Sandwich €7.50
Combo: Soup & Wrap or Panini €10.00

WRAPS & PANINIS **€6.90**

Breaded Chicken, Sweet Chilli Mayo, Lettuce, Tomato (1, 3, 7)
Piri Piri Chicken, Lettuce, Tomato & Red Onion (1, 3, 4, 7)
Chicken, Bacon, Cheese, Stuffing, Mayo (1, 3, 7)
Goat's Cheese, Red Onion Marmalade,
Roast Peppers & Lettuce (1, 3, 7)
Roast Peppers, Mozzarella Cheese & Garlic Mayo (1, 3, 5, 7)

MAINS

Irish Beef Burger: **€14.50**
Served in a Blaa Bap with Ballymaloe Relish, Bacon and Cheddar Cheese,
Baby Gem, Tomato, Onion Rings, Salad & Chips (1, 3, 7, 10, 12)
Approximate Cooking Time - 20 Mins

Roast of The Day **€14.50**
Served with Mashed Potatoes and Seasonal Vegetables (1, 7, 9, 12)

Coast Chicken Curry **€14.00**
Served with Rice and Naan Bread (6, 9, 12)

Crispy Yellow Belly Battered Cod **€14.00**
Served with Tartar Sauce, Mushy Peas & Chips (1, 3, 4, 7, 12)

SWEET TREATS

Belgian Waffle **€4.50**
with Chocolate Sauce, Strawberries & Vanilla Ice Cream (1, 3, 7, 8)

Pancakes **€5.50**
Two Homemade Pancakes with Choice of Two Toppings (1, 3, 7, 8)
· NUTELLA · CHOCOLATE SAUCE · LEMON · ICING SUGAR · STRAWBERRIES · BANANAS

Extra Topping: €1.00

ALLERGENS

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|----------------------------------|-----------------------|------------------|---------------------------------|
| 1. GLUTEN | 4. FISH | 8. NUTS | 12. SULPHUR DIOXIDE & SULPHATES |
| 2. CRUSTACEAN (CRAB, SHRIMP ETC) | 5. PEANUTS | 9. CELERIAC | 13. LUPIN |
| 3. EGGS & EGG PRODUCE | 6. SOYBEANS | 10. MUSTARD | 14. MOLLUSCS |
| | 7. MILK (LACTOSE ETC) | 11. SESAME SEEDS | |